

Knowing when your child is ready for contact lenses.

There is no set age to begin wearing contact lenses. Really, it's more about your child's level of responsibility than their age. If you feel your child will be able to responsibly wear and care for their lenses, then they're ready.

Some doctors gauge a child's readiness to get contact lenses by observing some general behaviors:

- Does your child like to learn new things? If they do, it generally shows that they have enough confidence to have success with lenses.
- Does your child talk about contact lenses? This is an even stronger indicator that your child is eager and motivated to succeed.
- Is your child involved in sports or other extracurricular activities? Children who can follow a routine in these areas typically do well with contact lenses.

If you feel you need help determining whether your child is ready for contact lenses, talk to your eye care professional.



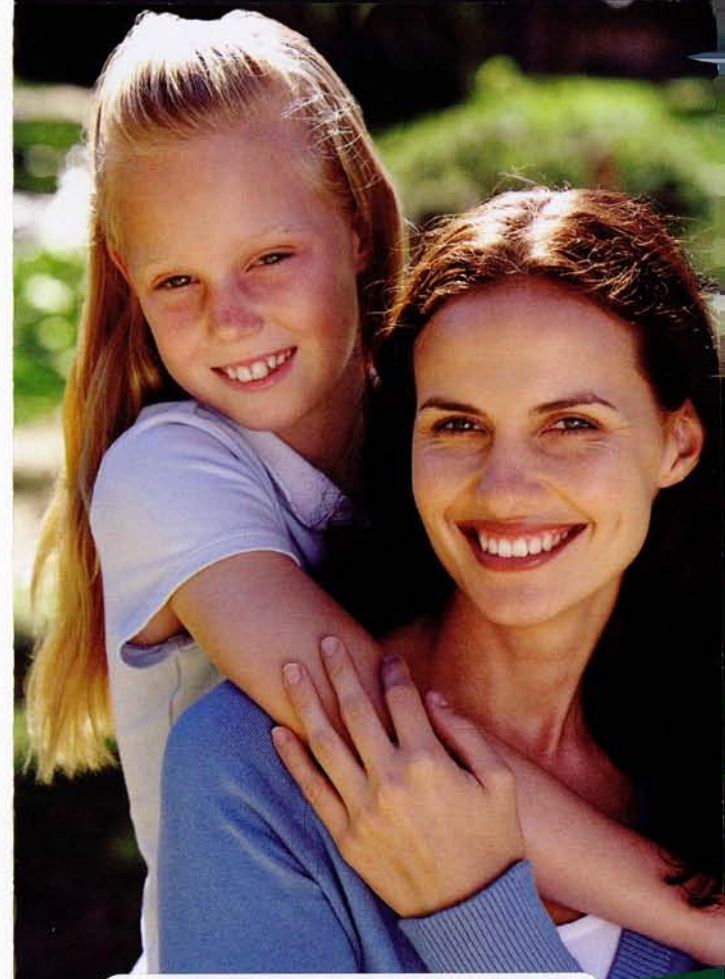
Bausch & Lomb PureVision® contact lenses – an ideal lens for the first-time wearer.

- Great performance and comfort for your child's lifestyle.
- A healthy, safe option for your peace of mind.
- Outstanding value with easy-to-remember monthly replacement.
- Easy handling and durability make insertion and removal a breeze.

Ask your eye care professional why PureVision lenses are a great choice for your child.

For complete information on contact lens wear, care, and much more, visit www.bausch.com/idealstart

Bausch & Lomb
PureVision®
Contact Lenses




ADVANCED
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Getting started with contact lenses. A helpful guide to your child's first pair.

Bausch & Lomb
Perfecting Vision. Enhancing Life.™



Are all soft contact lenses the same?

While they're all designed to improve vision, there are differences – like optics, materials, and replacement schedules.

Vision correction options

Lenses are designed for a variety of vision correction needs, from nearsightedness (myopia) and farsightedness (hyperopia), to more advanced needs like astigmatism. Some lenses even have enhanced optics to correct for spherical aberration, a natural occurrence that can cause halos and glares around lights at night. The optical design of your child's lens will depend on their vision correction needs and how their lenses will be used.

Wearing schedule

Lenses are designed for specific wearing times. Depending on what's best for your child, your eye care professional may recommend a lens designed to be worn for one day, a lens designed for two weeks of daily wear, or a lens designed for one month of daily wear.

Choosing a lens for younger wearers

There are many lens attributes to consider when deciding on a lens. Your child's eye care professional will take a number of factors into consideration when determining the right lens for your child, including:

- Ease of insertion/removal
- Lens strength to resist tearing
- Ability to resist buildup over time

Talk to your child's eye care professional to determine the safest, most enjoyable choice for them.

FAQs

Frequently Asked Questions

It's your child's first time getting lenses – of course you have questions. Below we've provided the answers to some of the most commonly asked questions for first-time contact lens wearers.

Q. How do I know which contact lens is right for my child?

A. Your eye care professional will help determine which contact lenses are right for your child, based on vision correction needs, lifestyle, and ability to take care of the lenses, among other factors.

Q. How long will it take to get used to contact lenses?

A. Anywhere from one day to a couple of weeks, depending on the individual.

Q. Are contact lenses difficult to put in and take out?

A. The material of some contact lenses makes it easier to insert and remove them. With a little practice, it's relatively easy to do.

Q. Are they difficult to care for?

A. The latest contact lens and contact lens solution technologies make caring for lenses easy. Ask your eye care professional which lens and lens care system is right for your child.

Q. Are they really safe for the eye?

A. Yes. Contact lenses are a regulated medical device with data to support the safety and efficacy of their use. Still, it is essential that your child follow their eye care professional's directions and product label instructions for proper use and care of contact lenses.

Q. Are contact lenses expensive?

A. Contact lens costs vary, but they are generally less expensive than glasses. And most medical insurance plans cover a portion of the cost of lenses and eye exams.

Q. Will my child still need eye glasses?

A. It's not essential to have glasses, but if your child doesn't mind wearing them, they're convenient to have when lenses aren't in. If they don't want to wear glasses, many doctors recommend a backup pair of lenses.

Q: Can you sleep in contact lenses?

A: Some lenses are approved for overnight wear, including those lenses made with newer materials. However, only your eye doctor can determine if this is right for your child. Be sure to ask your eye doctor before considering any change to the prescribed wearing schedule.

Q: Can my child shower/swim in contact lenses?

A. Your child should remove their contact lenses before swimming or showering.

Q. Can someone with astigmatism wear contact lenses?

A. Yes. Bausch & Lomb offers contact lenses for those who need astigmatic correction.

Contact your eye care professional with any other questions you have about contact lenses.