

Caring for your contact lenses

How to clean,
wear, and care
for your lenses
with PeroxiClear™



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Wearing your contact lenses

How to put them in



Place the lens on the tip of your pointer finger.



With the same hand, pull your lower eyelid down with your middle finger. With your opposite hand, use your pointer finger to pull your upper eyelid up.



Look up and gently place the lens on the lower white part of your eye.



Close your eye to allow the lens to center.

How to take them out



Look up and pull your lower eyelid down with your middle finger.



Put your pointer finger on the lower part of the lens and slide it down onto the white part of your eye.



Gently squeeze the lens with your pointer finger and thumb to remove it.

Caring for your contact lenses

Tips for comfort and ease of use

- Wash and dry your hands thoroughly before handling your lenses.
- Try to always handle the same lens first, either the right or the left, to avoid mix-ups.
- Always follow the instructions for use and allow lenses to soak for **at least 4 hours**.
- Do not use a flat lens case; always use the enclosed special lens case and neutralizing disc that come with PeroxiClear™ solution.
- Do not rinse lenses with PeroxiClear™ solution before inserting in your eyes.
- Always discard remaining solution and leave the lid off so the case can air dry.
- Speak to your eye doctor if you have any questions.

REFERENCES: **1.** Results of in vitro study following FDA/ISO stand-alone procedure for disinfecting products. Test solutions were modified with organic soil to create a more rigorous test condition. Primary criteria for effective disinfection are defined as a reduction in the number of bacteria by a minimum of 3 logs (99.9%) and a reduction of mold and yeast by a minimum of 1 log (90%) within the recommended disinfection time. Graphs depict mean log reduction measured after manufacturers' recommended disinfecting time (soak only). **2.** Results from a 22-investigator, multi-site study of PeroxiClear™ solution, with a total of 440 eligible subjects. Subjects were randomized to use either PeroxiClear™ solution or Clear Care for 3 months. Subjects completed performance surveys at 2-week, 1-month, 2-month, and 3-month visits. **3.** Results from a 21-investigator, multi-site study of PeroxiClear™ solution, with a total of 297 eligible subjects who were habitual Clear Care users. After 7 days of use, subjects completed an online survey. Consumers rated the performance of PeroxiClear™ solution across a range of attributes and compared the performance to their habitual Clear Care solution. **4.** High-resolution/accurate-mass (HR/AM) mass spectrometry was used to detect and quantitate the relative amounts of surfactant retained on lenses from PeroxiClear™ and Clear Care solutions after 20 hours of wear. PureVision², ACUVUE OASYS, and AIR OPTIX AQUA lenses were soaked in solutions for 12 hours prior to patients wearing lenses for 20 hours. **5.** Results of an ex vivo study measuring deposits on worn contact lenses to compare the clinical performance of PeroxiClear™ and Clear Care solutions. Lenses were worn daily for 1 month (silicone hydrogel and Group IV hydrogel lenses) or 3 months (gas permeable lenses). A total of 374 lenses were randomly selected for image analysis. Lenses were scored for mean density of deposits and percent coverage of deposits. **6.** Results of an in vitro study measuring deposits on ACUVUE OASYS lenses. Lenses were subjected to 14 cycles of deposition with a lipid and protein solution mimicking the human tear film followed by a cleaning regimen with either PeroxiClear™ or Clear Care 3% hydrogen peroxide systems. Each deposition/cleaning cycle was representative of one day of patient use. Cycled lenses (n=3) were analyzed for deposits using image analysis. After 14 cycles, lenses cleaned with PeroxiClear™ solution had only 8.0% surface coverage compared to 33.0% for lenses cleaned with Clear Care.

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Cleaning your contact lenses

3 simple steps



Rinse*

Remove your lenses and place them in the special lens case baskets, close covers, and rinse each lens for 5 seconds with PeroxiClear™ solution over a sink.



Fill

Fill the lens case to the fill line with fresh PeroxiClear™ solution and secure the lid. Do not shake or invert the case.



Soak

Lenses are ready to wear after at least 4 hours of soaking. No final rinse with saline is necessary.

**If you wear Rigid Gas Permeable lenses, please follow the special instructions on the inside of the PeroxiClear™ package.*

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Introducing PeroxiClear™

The most advanced[†] peroxide solution

- ✓ Kills 99.9% of Germs¹
- ✓ Provides Superior All-Day Comfort^{2,3†}
- ✓ Keeps Lenses Cleaner & Moisturized for Longer^{2-6†}
- ✓ Ready in Only 4 Hours

[†]Compared to Clear Care



Watch a step-by-step demonstration of how to wear and care for your lenses at PeroxiClearSolution.com